



# COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS

**Moderators:**

**Viviane G. Nasr, MD**

**Mona Momeni, MD**



Session I: Changes in Institutional Practice during the COVID-19 Pandemic: Triage, COVID-19 testing, PPE and TEE use.

Session II: Risk of Blood Shortage during the COVID-19 Pandemic. Blood Conservation and Transfusion Protocol.

Session III: Panel discussion with representation from different regions in North America.



# COVID-19 Disease Pandemic

## Case Selection / Triage

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Professor of Anesthesiology  
Director Pediatric Cardiac Anesthesia  
Department of Anesthesia and Pain Management  
UT Southwestern, Children's Health  
Dallas, TX



**COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS**



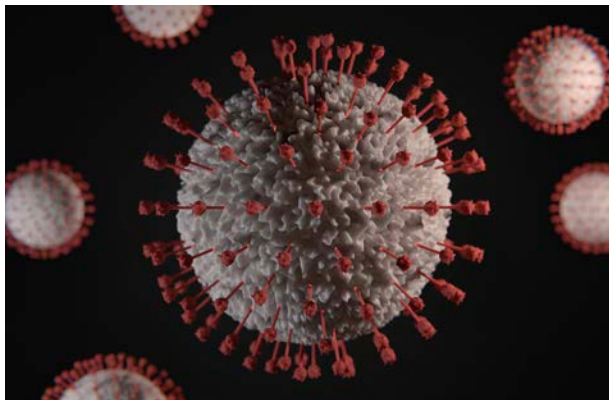
# Outline

- Context
- Lessons Learned from other Countries
- Healthcare Response
- Children's Health Dallas Experience





# Context – PPE



## Shortage of personal protective equipment endangering health workers worldwide

3 March 2020 | News release | Geneva

*WHO calls on industry and governments to increase manufacturing by 40 per cent to meet rising global demand*

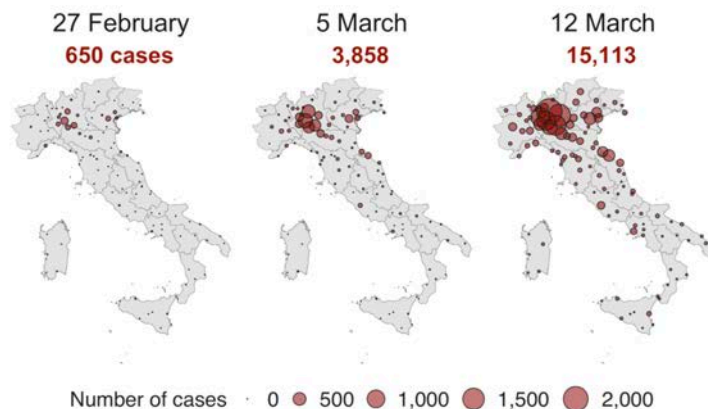
<https://www.northernvirginiamag.com/culture/news/2020/03/12/who-declares-global-pandemic-local-venues-cancel-mass-gatherings/>  
<https://www.who.int>

# COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS



# Lessons Learned

**Change in number of reported cases in Italy, by province**



Source: CPD, Italian government, March 12th

BBC

<https://www.bbc.com/news/uk-51858987>

<https://gulfnews.com/photos/news/photos-italys-hospitals-struggle-through-coronavirus-outbreak-1.1584276575459?slide=7>

**Infrastructure and Personnel**



INTENSIVE CARE: Medical staff in protective suits treat coronavirus patients in an intensive care unit at the Cremona hospital in northern Italy.  
Image Credit: REUTERS/REUTERS



NURSE TAKES A BRIEF RESPIRE: A nurse rests during a night shift at a hospital in Cremona, Italy.  
Image Credit: REUTERS

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# US Response – March 2020

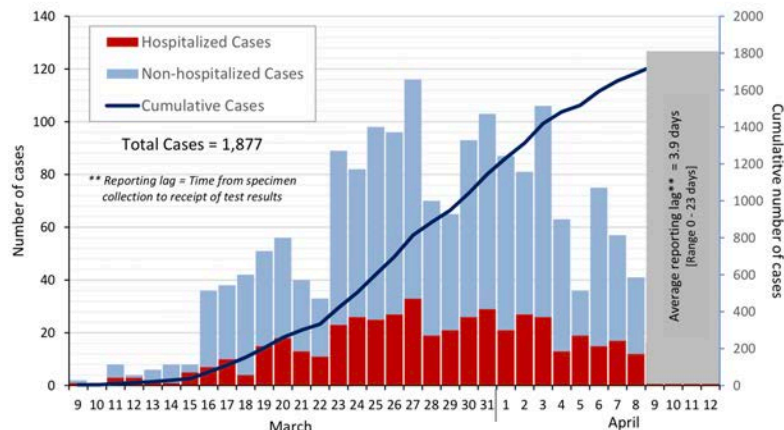
Guidance/ Recommendations	Goals
Social distancing	Decrease rate of infection
CDC	Preserve PPE
CMS and DHHS	Protect the safety of health care professionals
American College of Surgeons	Allocate scarce resources for the care of COVID patients



# Community Needs Dallas County Data / 8 Hospitals

**Figure 1. Daily and Cumulative COVID-19 Cases by Date of Test collection, Dallas County: March 10 – April 12, 2020\***

\*The data in this summary reflect cumulative data received as of 8:00 pm, April 13, 2020. All data are preliminary and subject to change as cases represented are being actively investigated, and may be updated between press releases. Includes only cases in Dallas County residents.



<https://www.dallascounty.org/covid-19/>

<https://www.wfaa.com/article/news/health/coronavirus/>

## Resources Available

- **Total beds:** 2,868
- **Beds occupied:** 1,542
- **Total ICU beds:** 361
- **ICU beds occupied:** 204
- **Total ventilators:** 342
- **Ventilators in use:** 139

## Recent Numbers COVID 19

Total Cases 1877

Admitted to ICU 173







## COVID-19 Guidelines for Triage of Pediatric Patients Congenital Heart Disease

- **“Elective Cases”** Delay results in minimal patient risk (> 2 Months).
    - No anticipated short-term or long-term negative impact as a result of delaying a procedure or surgery.
  - **“Urgent or Medically Indicated Cases”** Delays of days to weeks may be detrimental.
    - Deterioration or disease progression if the procedure is significantly delayed.
  - **“Emergency Cases”** Delay is life threatening.
- Medically managed arrhythmias for EPS.
  - Slowly progressive AS scheduled for Ross operation
  - Valvular regurgitation managed medically
  - Obstructive lesions stabilized with PGE
  - AVC on maximal therapy / FTT/ repeat hospitalization
  - Most neonatal CHD
  - Obstructed veins, shunt thrombosis, HLHS intact atrial septum, ECMO or VAD,
  - Transplant



# COVID-19: Crisis Management in Congenital Heart Surgery

	Emergent (24-48 hours of diagnosis when adequate resources)	Urgent (within 1-2 weeks when adequate resources)	High priority elective (>2 weeks when adequate resources)	
Neonate	note: timing for categories will depend on resources available, institutional protocols, and other pending cases			
Shunts, Mixing Lesions				
	TAPVC/cor triatriatum	obstructed	increasing gradient	
	TGA		<1 week if IVS	2-4 weeks if VSD
	Truncus Arteriosus			if stable
	Tetralogy of Fallot	severe hypoxemia/hypercyanotic spells	symptomatic	
Regurgitant Lesions				
	Ebstein Anomaly		refractory medical management	
Obstructive Lesions				
	Coarctation	shock unable to stabilize on PGE	if able to stabilize on PGE	
	Critical Aortic Stenosis	shock unable to stabilize on PGE	if able to stabilize on PGE	
PGE-dependent pulmonary blood flow				
	PA/IVS		if PDA stent not available	
PGE-dependent systemic blood flow				
	HLHS	intact, restrictive atrial septum if BAS not available	case and surgeon dependent	case and surgeon dependent
Other				
	Shunt	shunt thrombosis	shunt stenosis	
	Arrhythmias	symptomatic congenital heart block unable to medically manage/externally pace		
	ALCAPA	once medically stabilized		

- <https://wspchs.org/component/edocman/covid-19-crisis-management-in-congenital-heart-surgery>



# Children's Health Dallas

- COVID-19 Surgical Review Committee
  - Surgeon, Anesthesia, Cardiology, CV Anesthesia Coordinator, Catheterization, EP, Imaging.
  - Surgical NP, OR Manager and Heart Center Administration
- Meetings
  - March 12<sup>th</sup> - Review the list through April 22<sup>nd</sup>
  - March 24<sup>th</sup> – Review the list through May 10<sup>th</sup>
- Cancelled > 70 elective surgery/ catheterization/ EP
  - Volume down 20% March / 50% April (projected)



# Children's Health Dallas

- Medically Indicated Procedures (Inpatients)
  - PICC Lines
  - Direct laryngoscopy bronchoscopy
  - Bronchoscopy / BAL
  - MRI brain (pre-surgery / diagnostic)
  - Bedside chest closures
  - CT Angio





# Summary

- Time to prepare and anticipate is critical
- Understanding your community needs and resources is critical
- There is no single agreed upon surgical triage list for patients with CHD
- Triage will depend on clinical status, individual resources, capacity and personnel
- COVID-19 Surgical Triage Committee recommended



# Testing for SARS-CoV-2 & Personal Protective Equipment (PPE)

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Director of Congenital Cardiac Anesthesia  
Children's Hospital Colorado &  
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# Nomenclature

**SARS-CoV-2**      Severe Acute Respiratory Syndrome Coronavirus 2

**COVID-19**      Coronavirus Disease 2019 (declared a pandemic on March 11<sup>th</sup> 2020 by the WHO)



World Map



NEW



U.S. Map



Critical Trends



## COVID-19 Dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)



Total Confirmed

2,273,382

Confirmed Cases by  
Country/Region/Sovereignty

706,830 US  
191,726 Spain  
172,434 Italy  
149,132 France  
141,968 Germany  
115,299 United Kingdom  
83,786 China  
80,868 Iran  
78,546 Turkey  
37,183 Belgium  
36,793 Russia  
34,221 Brazil  
32,857 Canada  
31,766 Netherlands  
27,404 Switzerland  
19,685 Portugal

Admin0

Admin1

Admin2

Last Updated at (M/D/YYYY)

4/18/2020, 7:38:24 AM

185

countries/regions

Lancet Inf Dis Article: [Here](#). Mobile Version: [Here](#).Lead by JHU CSSE. Automation Support: [Esri Living Atlas team](#) and [JHU APL](#). [Contact US](#). [FAQ](#).Data sources: [WHO](#), [CDC](#), [ECDC](#), [NHC](#), [DXY](#), [1point3acres](#), [Worldometers.info](#), [BNO](#), the [COVID Tracking Project](#) (testing and hospitalizations), state and national government health departments, and local media

Cumulative Confirmed Cases

Active Cases

Incidence Rate

Case-Fatality Ratio

Testing Rate

Hospitalization Rate

Esri, FAO, NOAA

Total Deaths

156,064

22,745 deaths  
Italy20,043 deaths  
Spain18,681 deaths  
France15,464 deaths  
United Kingdom13,202 deaths  
New York City **New York US**5,453 deaths  
Belgium5,031 deaths  
Iran

4,512 deaths

Deaths

Recovered

Total Tested in the US

3,574,392

573,223 tested  
New York US251,614 tested  
California US239,982 tested  
Florida US169,536 tested  
Texas US157,449 tested  
New Jersey US148,744 tested  
Massachusetts US147,373 tested  
Pennsylvania US131,987 tested  
Louisiana US

US Tested



Confirmed

Logarithmic

Daily Cases





World Map



NEW



U.S. Map



Critical Trends



## COVID-19 United States Cases by County Johns Hopkins University

State

Please select a state

County

Please select a county

Total Confirmed  
**694,296**

### Top 50 Confirmed Cases by County

37,447 confirmed  
Queens

32,499 confirmed  
Kings

28,539 confirmed  
Nassau

27,014 confirmed  
Bronx

25,035 confirmed  
Suffolk

22,476 confirmed  
Westchester

19,291 confirmed  
Cook

15,952 confirmed  
New York

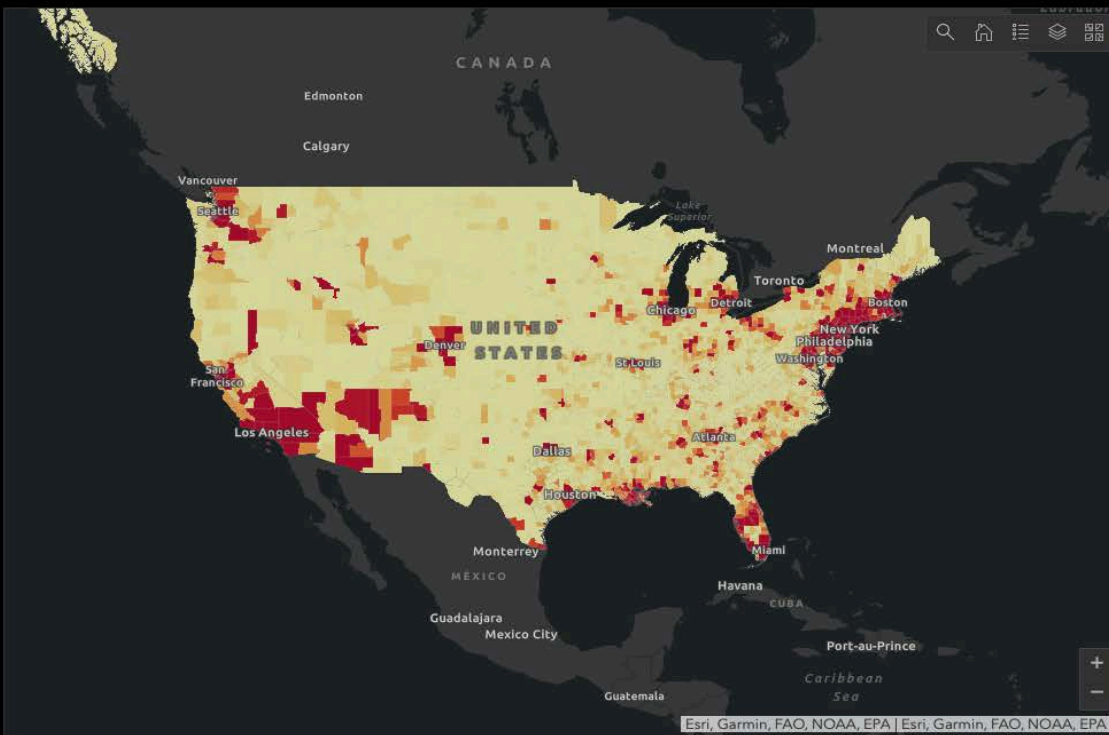
13,213 confirmed  
Wayne

11,843 confirmed  
Bergen

11,400 confirmed  
Los Angeles

9,872 confirmed  
Cebu

Last Updated on:  
2020-04-17



Confirmed

Confirmed by Population

Deaths

Fatality Rate

### Map Data Sources (for the section under the U.S. Map)

Data is updated daily after 8 p.m. Eastern.

Map Visualization: [Centers for Civic Impact](#). Automation Support: [SciLiving Atlas team](#), [JHU API](#), and [JHU Sheridan Libraries](#). [Contact Us](#), [FAQ](#).

Data sources: [Coronavirus COVID-19 Global Cases by the Center for Systems Science and Engineering \(CSSE\)](#) at Johns Hopkins University; the Red Cross; the Census American

Total Deaths

**31,456**

Total Recovered

**58,545**

### Top 20 Counties by Number of Deaths

2,402 deaths  
Queens

2,293 deaths  
Kings

1,802 deaths  
Bronx

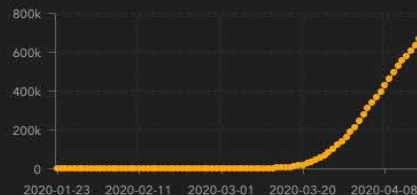
1,109 deaths  
Nassau

1,044 deaths  
Wayne

1,004 deaths  
New York

760 deaths  
Cook

714 deaths  
Bergen



Confirmed

Deaths



World Map



NEW



U.S. Map



Critical Trends



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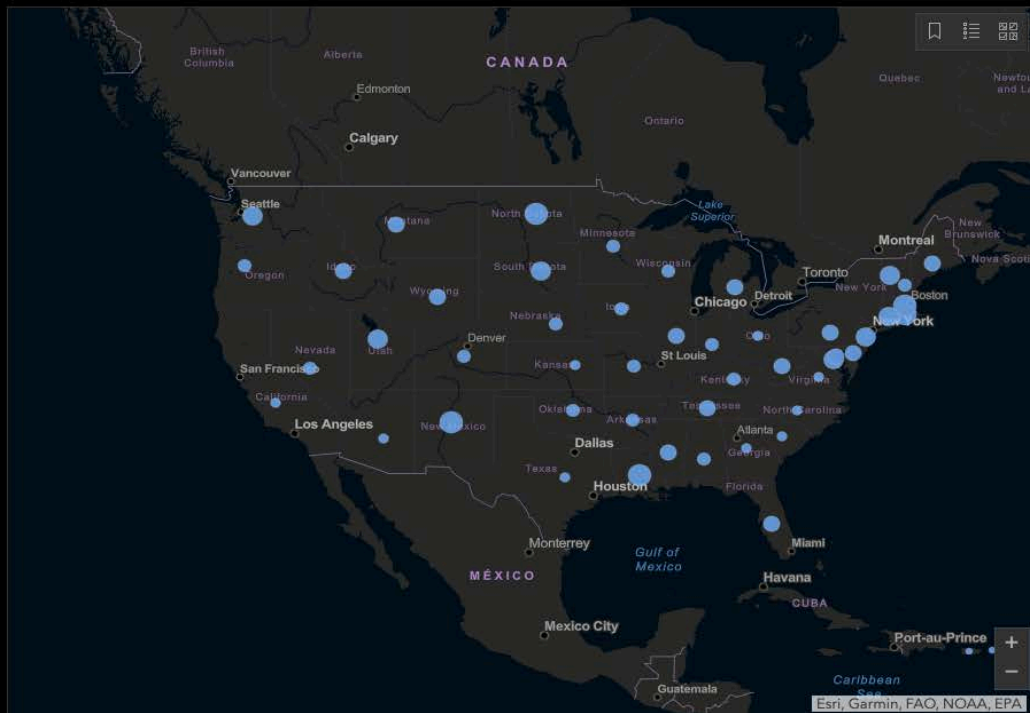


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Daily Cases

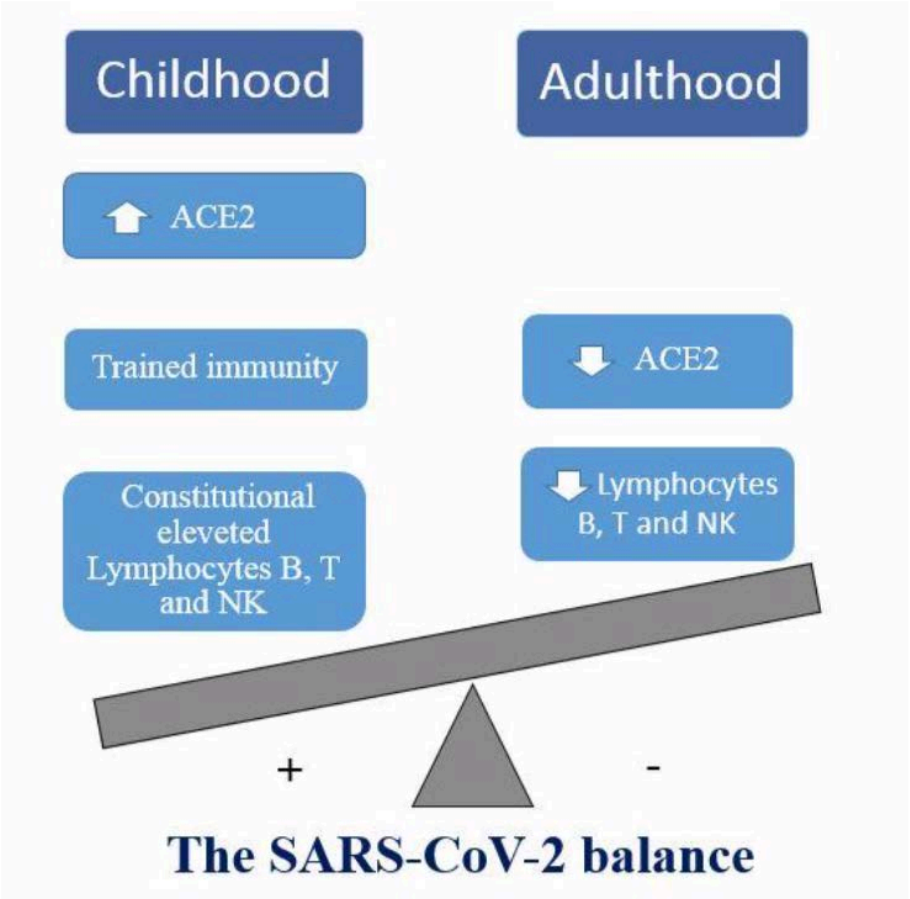
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4/18/2020, 7:38:24 AM

ACE 2 protein expressed in lungs and is the binding site of the SARS-CoV-2 S protein which downregulates it. Low ACE2 can cause chronic heart failure & lung injury.

Frequent viral infections and vaccinations in children induce an active innate immune system which is protective against different pathogens

Children infected with SARS-CoV-2 often have normal lymphocyte counts. Possibly due to the everlasting immune system activation in childhood. Less activation of cytokine storm.



ARDS  
Heart failure  
Cytokine storm  
Hypercoagulable



**Test, Test, Test.....**

Global strategy to control the COVID-19 pandemic is to **SLOW DOWN TRANSMISSION** and **REDUCE MORTALITY** associated with the disease

COVID-19 Strategy Update WHO April 14<sup>th</sup>, 2020

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## Why test?



- Mitigation strategies
- Diagnosis to guide clinical care of the patient and appropriate PPE for healthcare workers
- Guide public policy to re-open operating rooms, businesses, schools etc.
- Verify future vaccines work

**“Very aggressive contact tracing required for US to return to normal”**

**Robert Redfield, CDC Director. April 10th 2020**





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**NEWS** • 23 MARCH 2020

• [UPDATE 17 APRIL 2020](#), [UPDATE 14 APRIL 2020](#), [UPDATE 07 APRIL 2020](#), [UPDATE 06 APRIL 2020](#), [UPDATE 01 APRIL 2020](#)

# Fast, portable tests come online to curb coronavirus pandemic

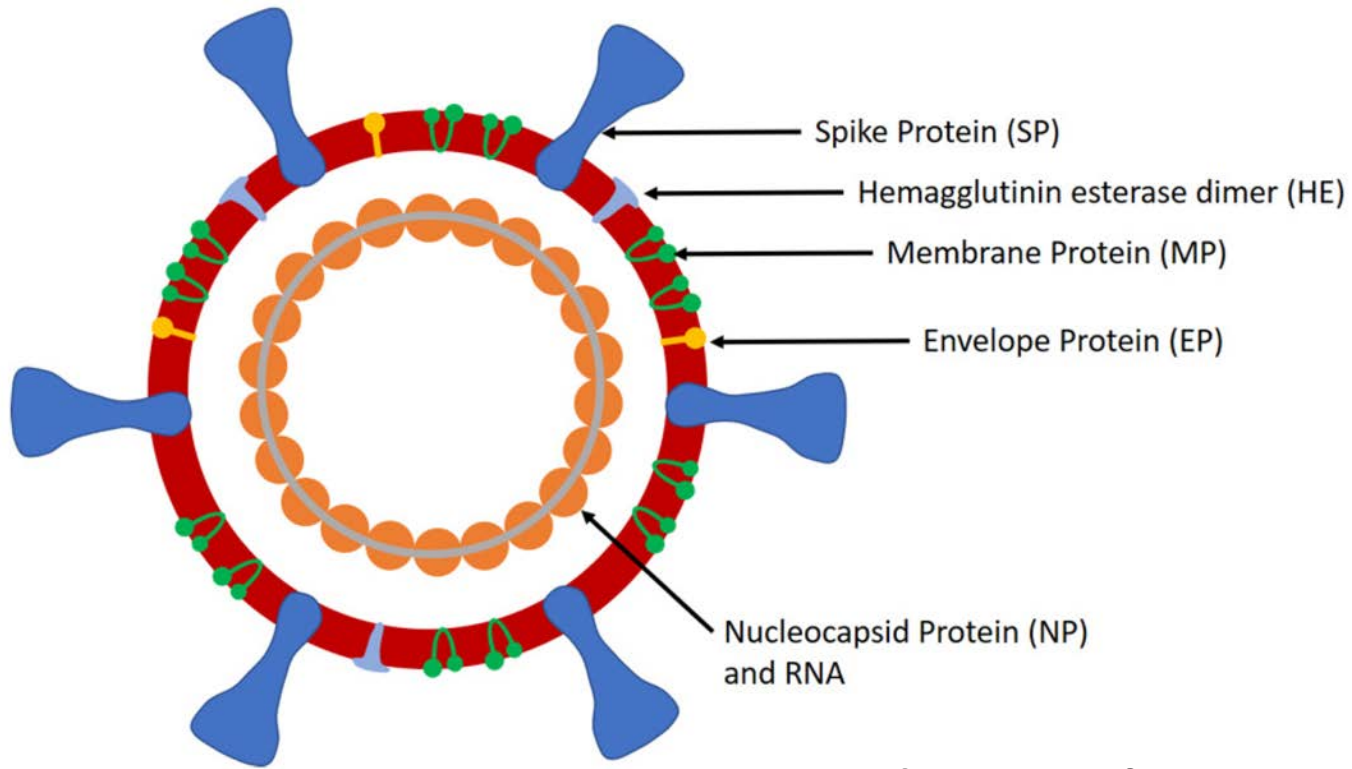
Testing kits delivered by courier and digital tools combine to battle the COVID-19 outbreak.

[Cormac Sheridan](#)

7 Viral RNA Tests in Commercial Development  
13 Antibody Tests in Commercial Development

[illegible]

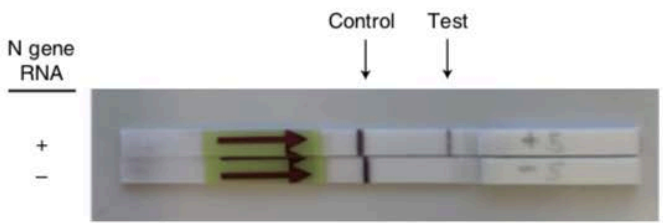
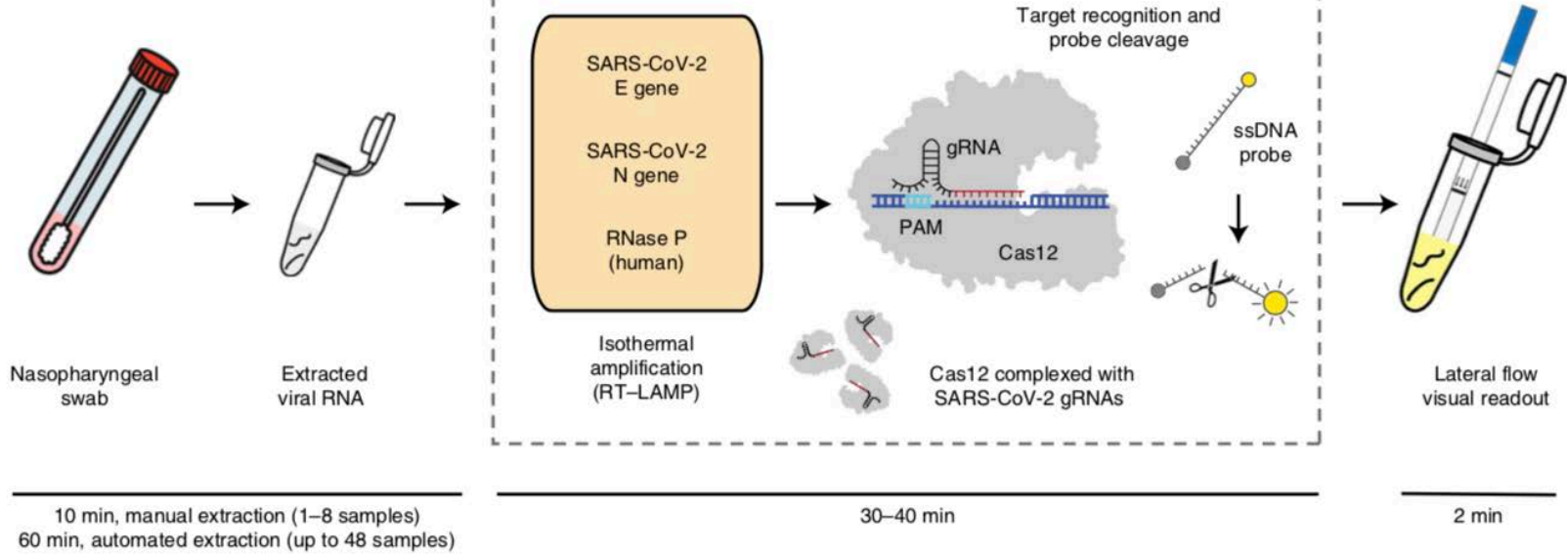




**Schematic of SARS-CoV-2**



# CRISPR-Cas12-based detection of SARS-CoV-2



N gene	E gene	RNase P	Result
+	+	+/-	SARS-CoV-2 positive
+	-	+/-	Presumptive positive
-	+	+/-	Presumptive positive
-	-	+	SARS-CoV-2 negative
-	-	-	QC failure

	Viral RNA	Antibody detection
Test technology	Real time RT-PCR CRISPR	
Validation	FDA EUA Clinical studies lacking	

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Accuracy	Highly sensitive and specific IF viral RNA present	



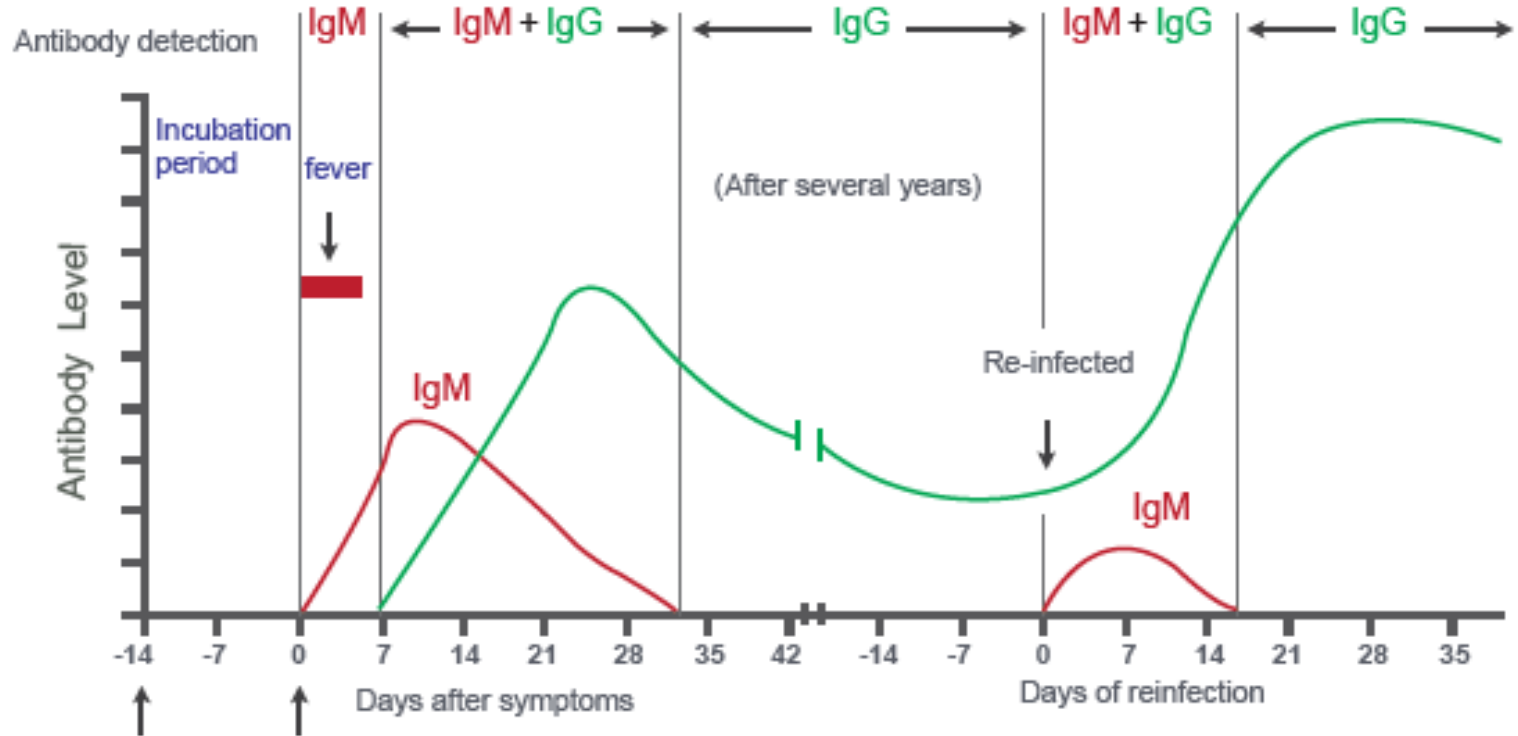
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Sample collection (& sample quality)	NP and OP swabs (availability issues) Nasal wash BAL if pneumonia, critically ill	

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Sample collection (& sample quality)	NP and OP swabs (availability issues) Nasal wash BAL if pneumonia, critically ill	
Time of Collection (& variable virus load)	Anytime – symptomatic or asymptomatic	

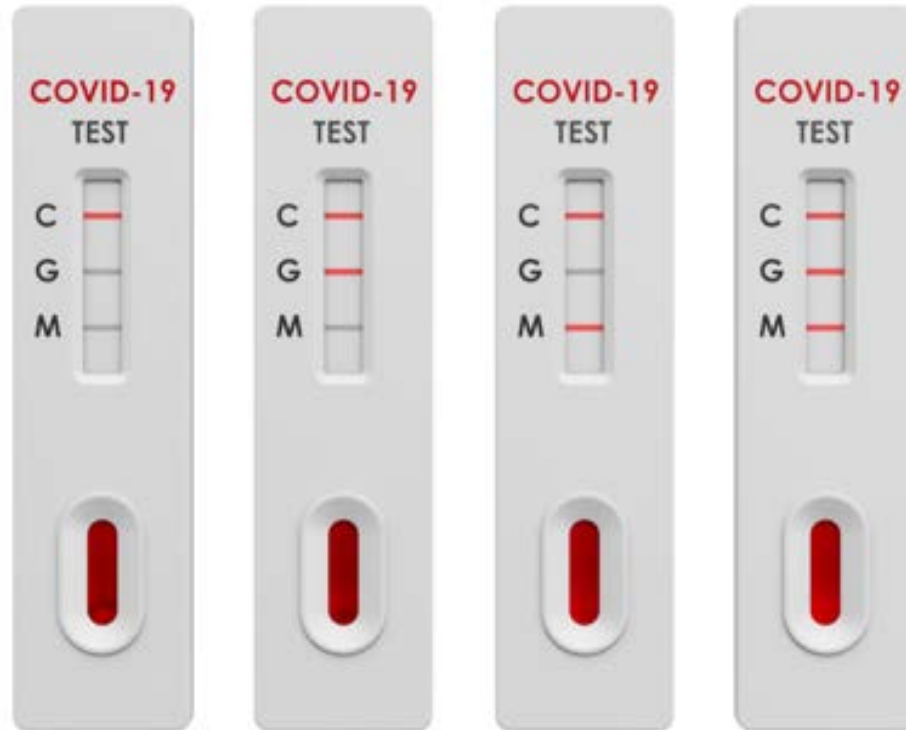
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Test technology	Real time RT-PCR CRISPR	
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Time of Collection (& variable virus load)	Anytime – symptomatic or asymptomatic	
Time to result	20 mins to 48 hrs	

	Viral RNA	Antibody detection
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Time of Collection (& variable virus load)	Anytime – symptomatic or asymptomatic	
Time to result	20 mins to 48 hrs	
Equipment	Certified labs, special equipment Developing POC office kits	





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Accuracy	Highly sensitive and specific IF viral RNA present	Possible cross-reactivity with SARS-CoV and other coronaviruses
Sample collection (& sample quality)	NP and OP swabs (availability issues) Nasal wash BAL if pneumonia, critically ill	Few drops of blood
Time of Collection (& variable virus load)	Anytime – symptomatic or asymptomatic	
Time to result	20 mins to 48 hrs	
Equipment	Certified labs, special equipment Developing POC office kits	

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Sample collection (& sample quality)	NP and OP swabs (availability issues) Nasal wash BAL if pneumonia, critically ill	Few drops of blood
Time of Collection (& variable virus load)	Anytime – symptomatic or asymptomatic	7 – 14 days after exposure
Time to result	20 mins to 48 hrs	
Equipment	Certified labs, special equipment Developing POC office kits	

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Time to result	20 mins to 48 hrs	15 mins
Equipment	Certified labs, special equipment Developing POC office kits	

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Time to result	20 mins to 48 hrs	15 mins
Equipment	Certified labs, special equipment Developing POC office kits	Home kits

## Who is CHC (viral RNA) testing?

- Every patient admitted to the hospital
- Every patient 24hr before anesthesia
  - Asymptomatic positives?
  - 'False' negatives?
- High risk outpatients (oncology, heart transplants)
- Health care workers with symptoms
- Parents?





# US Aircraft Carrier Theodore Roosevelt



Tested 4,800 crew

- 600 SARS-CoV-2 Positive
  - 60% no symptoms

“With regard to COVID-19, we’re learning that stealth in the form of asymptomatic transmission is this adversary’s secret power”

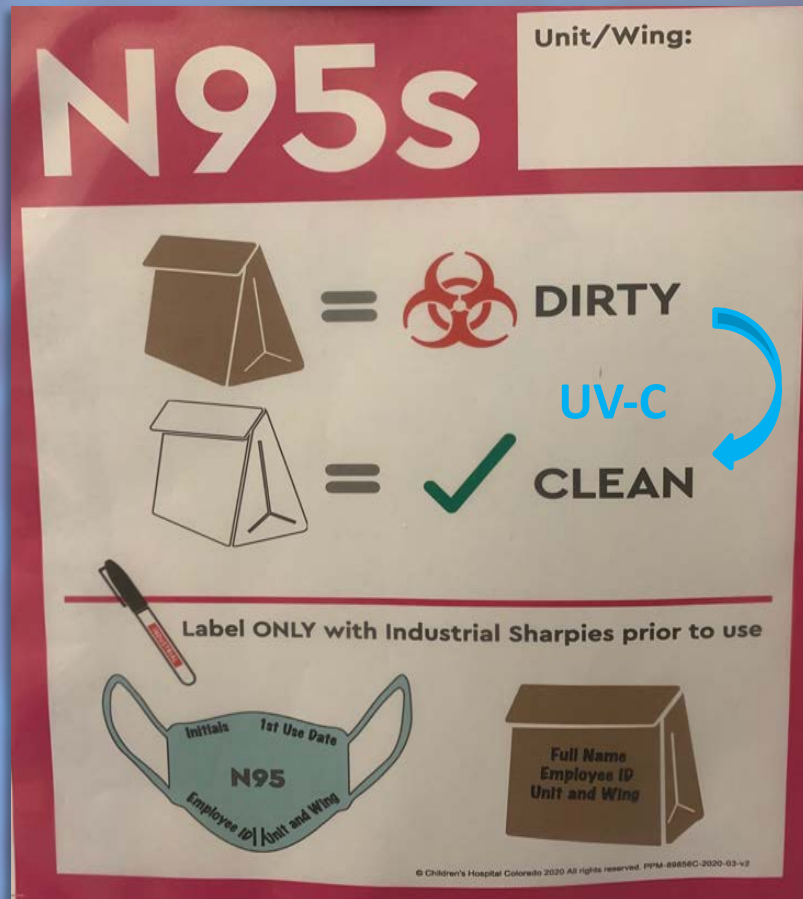
Rear Admiral Bruce Gillingham, surgeon general of the US Navy

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Preferably negative pressure room  
Separate anesthesia workstation

High risk AGS: bronchoscopy, TEE, endoscopy, dental		High-Risk Aerosol Generating Surgery & Emergent Procedures*	All Other Procedures	
		All patients	COVID-19 positive / PUI or unknown	COVID-19 negative
Intubation / Extubation and Room Clearance Wait Times	Intubation / Extubation Videolaryngoscopy	<u>Full duration of case:</u> ALL team members in PAPR or fit-tested respirator  Extubation: Minimize coughing	<u>Intubation/extubation only:</u> TWO providers in PAPR or fit-tested respirator  Extubation: Minimize coughing	
	Room Clearance Waiting Time (After Intubation / Extubation)	None	15 min	
	Surgery	Continue PAPR or fit-tested respirator	Continue standard surgical attire following intubation and room clearance time	

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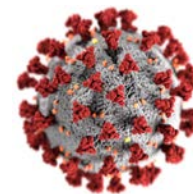


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## CORONAVIRUS DISEASE AND ECHOCARDIOGRAPHY

*Wanda C. Miller-Hance, M.D., FAAP, FACC, FASE  
President, Congenital Cardiac Anesthesia Society*

*Professor of Anesthesiology and Pediatrics*

*Department of Anesthesiology, Perioperative and Pain Medicine*

*Department of Pediatrics, Section of Cardiology*

*Baylor College of Medicine*

*Texas Children's Hospital*

*Houston, TX*



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## LEARNING OBJECTIVES

- Highlight impact of COVID-19 pandemic in echo services
- Review recent ASE recommendations
- Address consideration regarding TEE
- Outline suggested approach to patients requiring TEE

*No Disclosures*



## COVID-19 – BACKGROUND



*From, UT Southwestern Med Ctr*

- **caused by SARS-CoV-2**
- **transmission: droplet, fomites, aerosol**
- **infection in asymptomatic and pre-asymptomatic individuals**
- **virus detected in upper/lower resp tract, blood, stool**
- **lung injury, other organs, potential cardiovascular involvement**

**COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS**



PUBLIC HEALTH

## Heart Damage in COVID-19 Patients Puzzles Doctors

Up to one in five hospitalized patients have signs of heart injury. Cardiologists are trying to learn whether the virus attacks the organ

Scientific American, April 6, 2020



KHN Illustration; Getty Images



AMERICAN  
COLLEGE of  
CARDIOLOGY

ACC CLINICAL BULLETIN  
COVID-19 Clinical Guidance  
For the CV Care Team

## COVID-19 Clinical Guidance For the Cardiovascular Care Team

### Coronaviruses and the cardiovascular system: acute and long-term implications FREE

Tian-Yuan Xiong, Simon Redwood, Bernard Prendergast ✉, Mao Chen ✉

*European Heart Journal*, ehaa231, <https://doi.org/10.1093/eurheartj/ehaa231>

**Published:** 18 March 2020

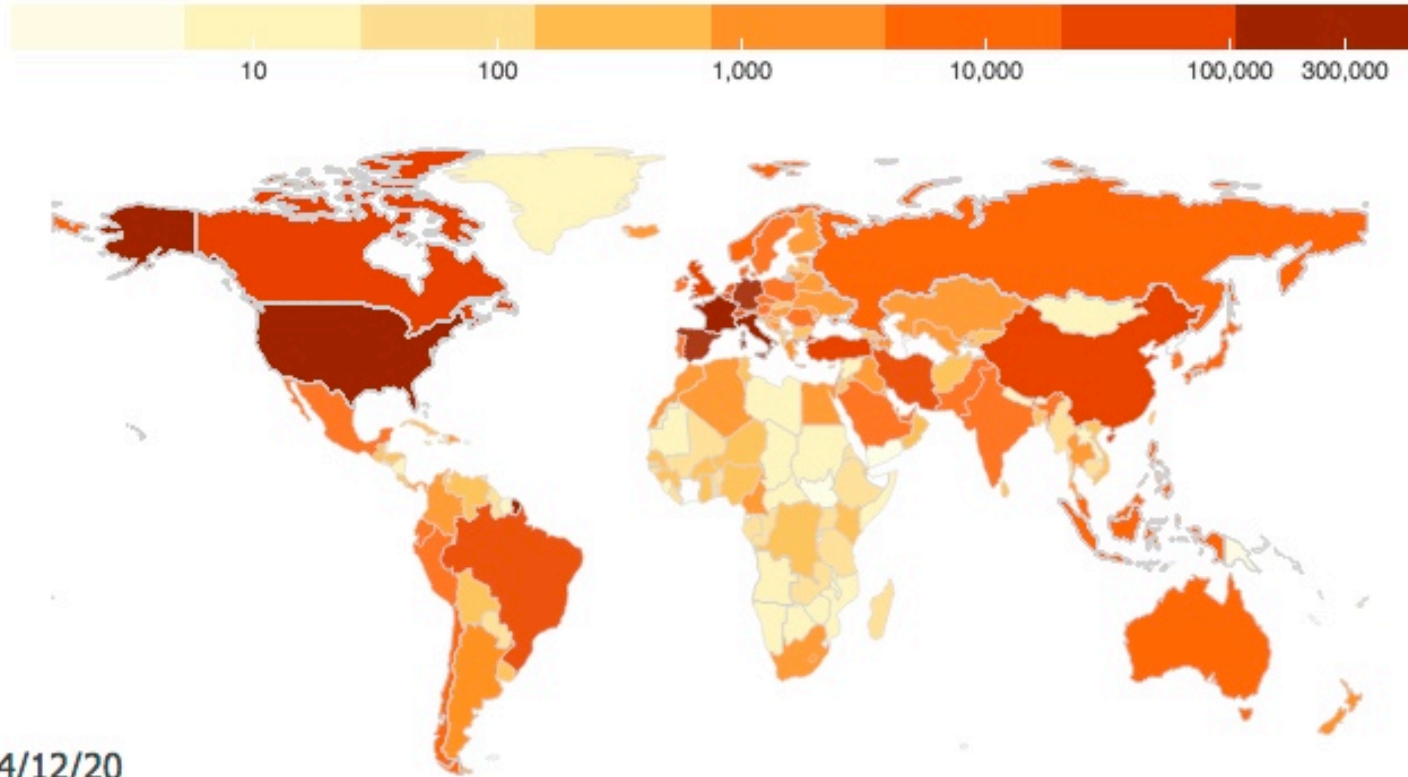
### Potential Effects of Coronaviruses on the Cardiovascular System A Review

Mohammad Madjid, MD, MS<sup>1</sup>; Payam Safavi-Naeini, MD<sup>2</sup>; Scott D. Solomon, MD<sup>3</sup>; *et al*

➤ Author Affiliations | Article Information

*JAMA Cardiol.* Published online March 27, 2020. doi:10.1001/jamacardio.2020.1286

# CORONAVIRUS DS 2019 PANDEMIC



*From John Hopkins Coronavirus Resource Center*





## **ASE Statement on Protection of Patients and Echocardiography Service Providers During the 2019 Novel Coronavirus Outbreak**

Endorsed by the American College of Cardiology

**COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS**





## **ASE Statement on Protection of Patients and Echocardiography Service Providers During the 2019 Novel Coronavirus Outbreak**

**Specific Considerations for the Protection of Patients and Echocardiography Service Providers When Performing Perioperative or Periprocedural Transesophageal Echocardiography During the 2019 Novel Coronavirus Outbreak: Council on Perioperative Echocardiography Supplement to the Statement of the American Society of Echocardiography**

Endorsed by the Society of Cardiovascular Anesthesiologists

**COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS**

**Suggested Algorithm for Determining Indication and Level of Protection of Patients and Echocardiography Service Providers During the 2019 Novel Coronavirus Outbreak**



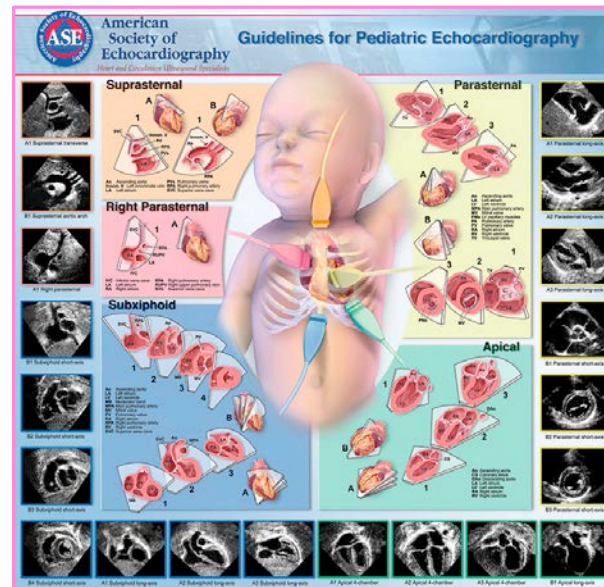




# PEDIATRIC ECHOCARDIOGRAPHY



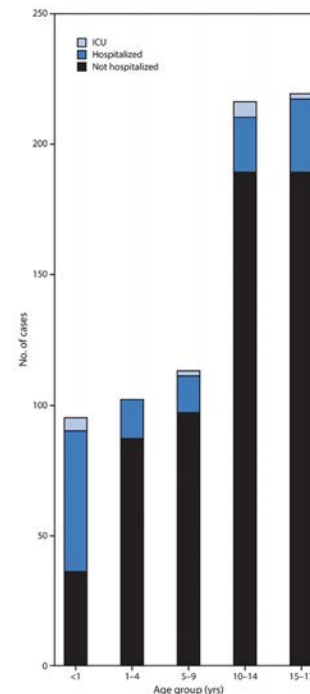
- **primary imaging modality of CV system**
- **essential in dx, mgmt and surveillance**
- **various modalities**
- **outcome benefits**





## COVID-19 IN CHILDREN

- **contribute to viral transmission**
- **minority of cases**
- **fewer symptoms, mild disease**
- **low fatality rate**

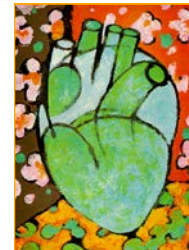


COVID-19 in Children-USA, Feb 12–Apr 2, 2020  
*From MMWR Morb Mortal Wkly Rep 2020;69*



## COVID-19, CHILDREN AND ECHO

- **SARS-CoV-2 infection more likely asymptomatic**
- **accompanied by parents/caregivers for exam**
- **uncooperative**
- **secretions**
- **limited ability to wear a mask**
- **unable to maintain social distancing**



**Specific Considerations for Pediatric, Fetal, and Congenital Heart Disease Patients and Echocardiography Service Providers During the 2019 Novel Coronavirus Outbreak: Council on Pediatric and Congenital Heart Disease Supplement to the Statement of the American Society of Echocardiography**

**COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS**





## TRANSESOPHAGEAL ECHOCARDIOGRAPHY



- ***Provides significant benefits***
  - diagnostic, perioperative, and cardiac catheterizations
- ***Heightened risk of SARS-CoV-2 spread***
  - droplet transmission and viral aerosolization
  - cross-contamination



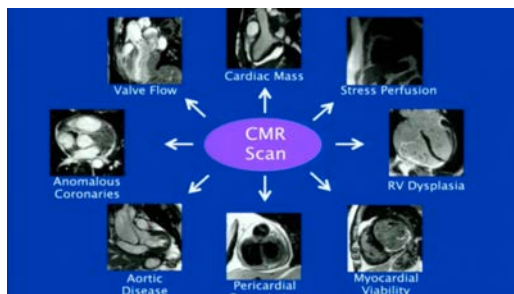
## COVID-19 AND TEE

- ***Defer/Reschedule non essential studies/unlikely to impact care***
  - evaluate risk-benefit of all studies
  - case by case assessment
  - defer/reschedule/cancel elective cases
  - proceed with urgent/emergency cases

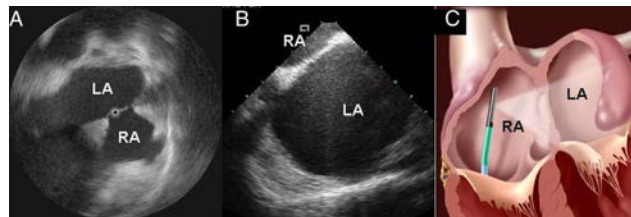


## COVID-19 AND TEE

- Defer/Reschedule non essential studies/unlikely to impact care
- **Consider alternate options**
  - imaging modalities: TTE, contrast echo, CT, CMR, ICE, epicardial
  - others: invasive hemodyn data, direct surgical observation



From Broadcast Med



Kim et al., JACC 53:2117-28, 2009



# COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS

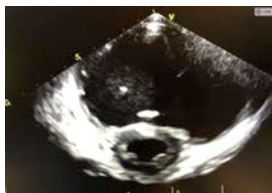


## TEE VERSUS EPICARDIAL IMAGING



### Epicardial Echo

- interrupts surgery
- risks:
  - ✓ infection
  - ✓ hemodyn changes
  - ✓ arrhythmias
- limited windows
- need expertise



### TEE

- standard intraop imaging
- continuous assessment
- esophageal and gastric windows







## COVID-19 AND TEE

- Defer/Reschedule non essential studies/unlikely to impact care
- Consider options
- ***Pre-procedure SARS-CoV-2 testing if possible***
  - **assume patient positive unless avail test**



## COVID-19 AND TEE

- **Defer/Reschedule non essential studies/unlikely to impact care**
- **Consider options**
- **Pre-procedure SARS-CoV-2 testing if possible**
- ***Precautions***
  - **limit personnel exposure**
  - **PPE recommendations (balance risk vs. resources)**
  - **prevent environment/equipment/reading room transmission**





## SUGGESTED APPROACH FOR TEE IN COVID-19

### BEFORE PROCEDURE

- Don PPE for airborne precaution measures (gown, face shield or goggles, airborne protection mask)
- Double glove
- Consider covering the ultrasound system (knobs, screen) with a plastic barrier, including transducer ports

### DURING PROCEDURE

- Consider using video laryngoscope or direct laryngoscopy to limit contact with patient's secretions
- Limit examination time by performing a focused exam
- Remove outer gloves and wipe inner gloves with approved viricidal wipes or solution whenever other patient activities are undertaken
- Avoid unnecessary contamination of touchable surfaces of the ultrasound system (knobs, screen)

### AFTER PROCEDURE

- Remove TEE probe from patient, disinfect probe and place in closed container and/or biohazard bag
- Wipe outer gloves, gown, and sleeves with approved viricidal wipes or solution
- Wipe down equipment and probe container
- Remove outer glove.
- Remove equipment and probe container to induction room/anteroom
- Wipe equipment and probe container with approved viricidal wipes
- Doff PPE
- Transport probe in closed container to the cleaning room for immediate cleaning

*From ASE TEE Coronavirus Statement 2020*



## TEE EQUIPMENT

### *Handling and cleaning critical*

- guided by institutional protocol, ID experts, manufacturers
- consider protective barriers
- two-people model
- reduce non essential equipment from system



*From ASE TEE Coronavirus Statement 2020*

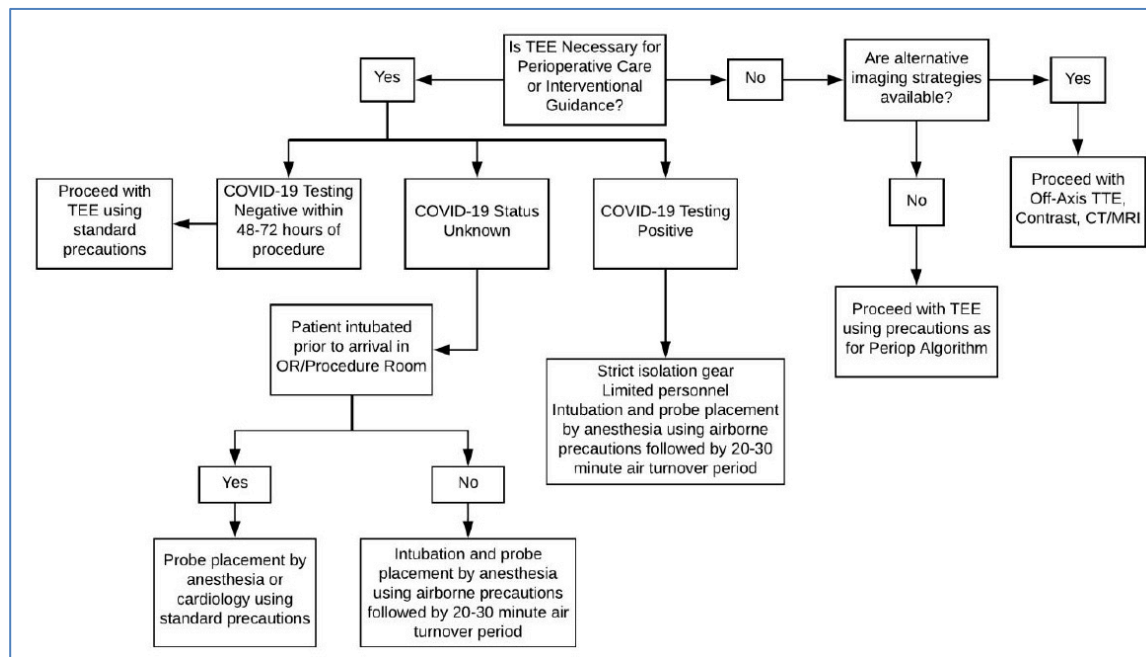


## COVID-19 AND TEE

- Defer/Reschedule non essential studies/unlikely to impact care
- Consider options
- Pre-procedure SARS-CoV-2 testing if possible
- Precautions
- ***Collaborative protocols with involved disciplines***



## COVID-19 AND TEE

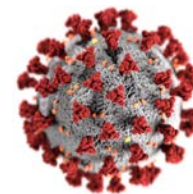


*From ASE Pedi, Fetal & CHD Coronavirus Statement 2020*





## SUMMARY



✓ Consider indications

✓ COVID-19 testing

✓ Regard TEE as aerosol generating procedure

✓ Precautions to minimize risk

✓ Develop standard approach





# **Blood Conservation for Pediatric Cardiac Surgery During COVID-19**

**Nina A. Guzzetta, MD**  
**Emory University School of Medicine**  
**Children's Healthcare of Atlanta**

**No Financial Disclosures**

# Blood Conservation is Not New



# **Patient Blood Management for Neonates and Children Undergoing Cardiac Surgery: 2019 NATA Guidelines**

*David Faraoni, Jens Meier, Helen V. New, Philippe J. Van der Linden, Beverley J. Hunt  
J Cardiothorac Vasc Anesth 2019;33:3249-3263*

- ❖ **Preoperative Anemia and Optimization of Hemoglobin**
- ❖ **Preoperative Coagulation Assessment and Risk Stratification**
- ❖ **Anti-fibrinolytic Therapies**
- ❖ **Cardiopulmonary Bypass and Priming**
- ❖ **Cell Salvage and Normovolemic Hemodilution**
- ❖ **Anticoagulation and Monitoring**
- ❖ **Intraoperative Monitoring of Hemostasis**
- ❖ **Postoperative RBC Transfusion and Thresholds**
- ❖ **Fibrinogen Supplementation**
- ❖ **Other Products: rFVIIa, PCCs, Desmopressin**

# Recommendations

## ❖ 31 bullet-pointed recommendations:

- **No Grade 1A**
- **Grade 1B = 7: Strong with moderate quality evidence**
- **Grade 1C = 13: Strong with low quality evidence**
- **Grade 2C = 11: Weak with low quality evidence**

**Level C evidence: observational studies, unsystematic clinical experience, or randomized controlled trials with serious flaw; any estimate of effect is uncertain**



# **Blood Conservation Strategy has to Work at Your Institution**

# Blood Conservation Strategies

## ❖ Preoperative Interventions:

- **Treatment of preoperative anemia**
- **Diagnosis and treatment of acquired or congenital bleeding disorders**

# Blood Conservation Strategies

## ❖ Intraoperative Interventions:

- Autologous blood collection and re-infusion
- Intraoperative cell salvage
- Miniaturized CPB circuits
- Composition of CPB prime
- Hemoconcentration techniques
- Anti-fibrinolytic therapies
- Topical hemostatic agents
- Individualized transfusion algorithms
- Procoagulant agents

# **Feasibility of autologous intraoperative blood collection and re-transfusion in small children with complex congenital heart defects undergoing cardiopulmonary bypass**

*A Kaiser, K Miller, G Tian, RH Moore, NA Guzzetta  
Paediatr Anaesth 2018;28:795*

- ❖ **Children weighing <10kg who underwent CPB (n=18)**
- ❖ **52 ml (+ 8 ml CPD) autologous blood off the study patients**
- ❖ **1:1 matched design on preop Hct, surgical procedure and weight**

# Results

	Study (n = 18)	Control (n = 18)	Odds Ratio or Mean Diff (95% CI)	p-value
Pre-CPB inotropic support# N (%)	7 (39)	6 (33)	1.2 (0.2, 7.5)	0.83
RBCs transfused on CPB (ml/kg)	21 (11, 32)	19 (8, 30)	2 (-11, 15)	0.76
Total volume transfused* (ml/kg)	47 (23, 71)	70 (49, 92)	-23 (-50, 4)	0.09
Total donor exposures* (n)	2.6 (1.2, 4.1)	6.5 (5.5, 7.5)	-4 (-5.7, -2.1)	0.0002
24 hour CTO (ml/kg)	25 (19, 31)	26 (18, 35)	-1 (-11, 9)	0.82
Duration mechanical ventilation (hours) <sup>†</sup>	26 (11, 62)	59 (28, 124)	N/A	0.009
ICU length of stay (days) <sup>†</sup>	3 (2, 5)	8 (5, 14)	N/A	0.005
ECMO, N (%)	0 (0)	0 (0)	N/A	N/A
In-hospital mortality, N (%)	0 (0)	0 (0)	N/A	N/A



# Transfusion Algorithms

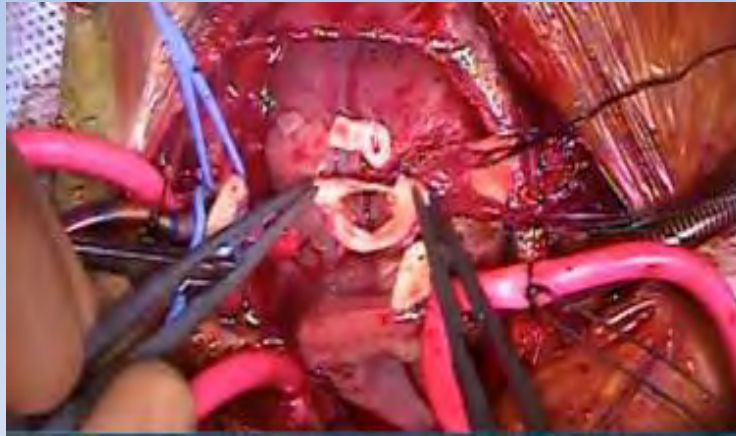
- ❖ **Standard coagulation tests**
- ❖ **Point-of-care viscoelastic tests**
  - **ROTEM**
  - **TEG**

# Blood Conservation Strategies

## ❖ Postoperative Interventions:

- Limit blood sampling/minimize blood wastage
- Postoperative cell saver
- Restrictive transfusion practices

# Surgical Hemostasis



# **Abnormal coagulation parameters are associated with poor prognosis in patients with novel coronavirus pneumonia**

*N Tang, D Li, X Wong, Z Sun  
J Thromb Haemost 2020*

- ❖ **At admission, non-survivors had significantly higher D-dimer and FDP levels, and longer PT compared to survivors**
- ❖ **By late hospitalization, non-survivors had significantly lower fibrinogen and AT levels compared to survivors**
- ❖ **Conclusion: conventional coagulation parameters during the course of infection are associated with prognosis**
- ❖ **? Low grade DIC ?**

# Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China

*C Huang, Y Wang, X Li, et al.  
Lancet 2020;395:497*

- ❖ Plasma concentrations of pro-inflammatory markers are high in both ICU and non-ICU COVID-19+ patients
- ❖ Comparison between ICU and non-ICU patients showed that plasma concentrations of IL2, IL7, IL10 and TNF $\alpha$  were higher in ICU patients than non-ICU patients
- ❖ ? Inflammatory state  $\longrightarrow$  pro-thrombotic state ?



# Cyanotic Heart Disease

- ❖ **Generates high shear stress**
- ❖ **Increases platelet activation**
- ❖ **Predisposes to the intravascular deposition of platelet and fibrin thrombi**
- ❖ **Low-grade consumptive coagulopathy confirmed by elevated levels of D-dimers**

**COVID-19**

**Cytotoxic Heart Disease**







# **Risk of Blood Shortage during the COVID-19 Pandemic: Blood Conservation and Transfusion Protocol**

## **The Canadian Experience**

**David Faraoni, MD, PhD, FAHA**

Toronto, Canada



@dfaraoni @PedsCardiacAnes

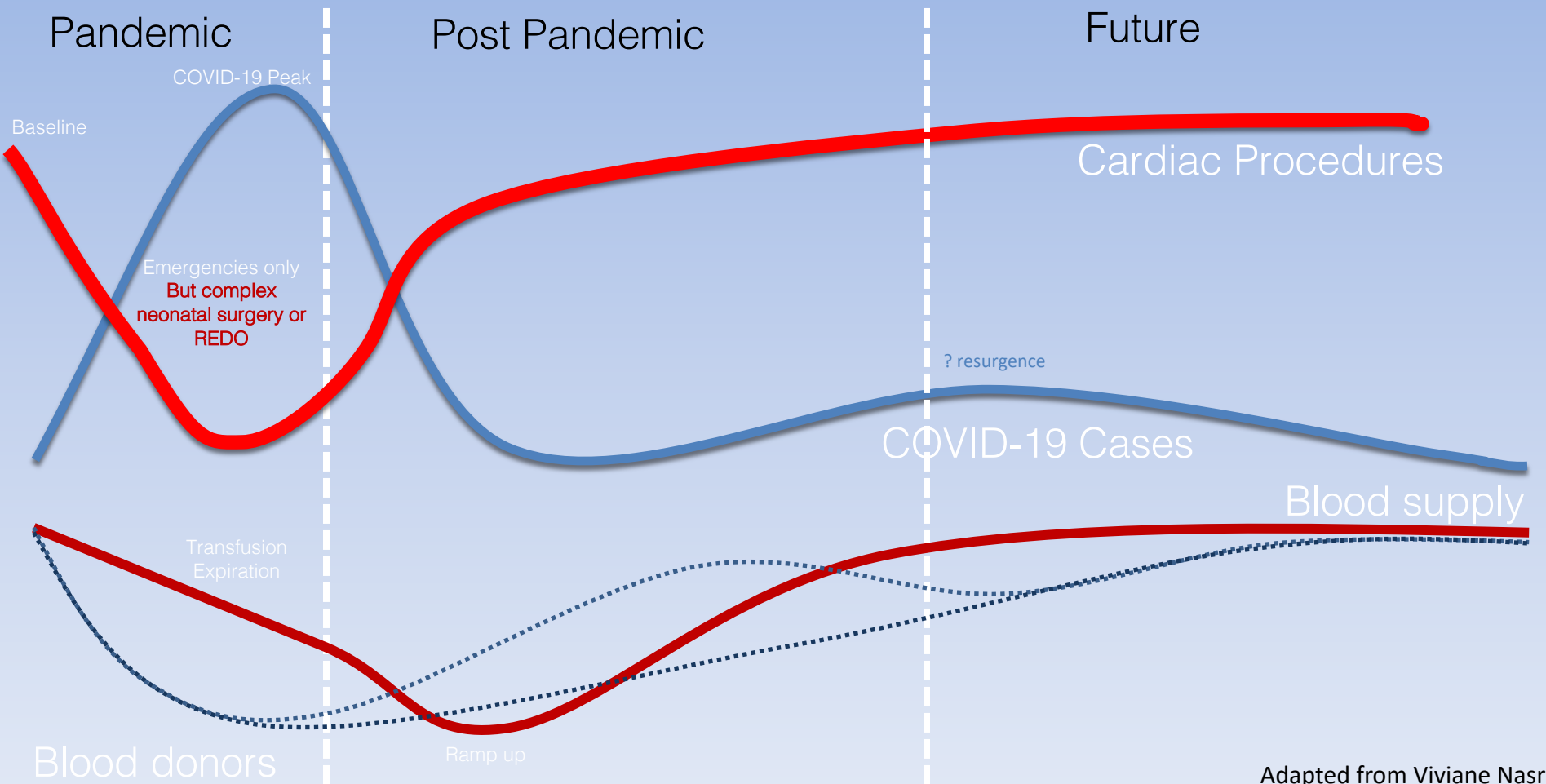
**COVID 19 AND PEDIATRIC CARDIAC ANESTHESIA PROGRAMS**



**NO CONFLICT OF INTEREST**



# Considerations during the pandemic, post-pandemic and the future



# National Plan for Management of Shortages of Labile Blood Components

<b>Green Phase Advisory</b>	<p><b>Definition:</b> CBS inventory levels are low with respect to a specific blood component</p> <p><b>Action:</b></p> <ol style="list-style-type: none"> <li>1. Determine local inventory and report back to CBS as advised on the NEMBC notification</li> </ol>
<b>Amber Phase</b>	<p><b>Definition:</b> CBS inventory levels are insufficient to continue with routine transfusion practices.</p> <p><b>Action:</b></p> <ol style="list-style-type: none"> <li>1. Adjust inventory levels of affected components to pre-determined Amber Phase levels.</li> <li>2. Request inventory from CBS based on Amber Phase levels.</li> <li>3. Defer/cancel elective<sup>1</sup> surgery/procedures that require the affected component.</li> <li>4. Follow transfusion guidelines for Amber Phase (see page 2).               <ol style="list-style-type: none"> <li>a. All requests that do not fulfill pre-determined acceptance criteria require referral to Medical Director or designate prior to issuing. Record the requests/outcomes.</li> </ol> </li> </ol>
<b>Red Phase</b>	<p><b>Definition:</b> CBS inventory levels are insufficient to ensure non-elective transfusion practices.</p> <p><b>Action:</b></p> <ol style="list-style-type: none"> <li>1. Adjust inventory levels of affected components to pre-determined Red Phase levels</li> <li>2. Request inventory from CBS based on Red Phase levels.</li> <li>3. Defer/cancel all surgery/procedures that require the affected component except for emergency<sup>1</sup> procedures.</li> <li>4. If possible, defer stem cell transplantation, chemotherapy treatments or other treatments requiring affected blood component.</li> <li>5. Follow transfusion guidelines for Red Phase (see page 2).               <ol style="list-style-type: none"> <li>a. All requests that do not fulfill pre-determined acceptance criteria require referral to Medical Director or designate prior to issuing. Record the requests/outcomes.</li> </ol> </li> <li>6. If instructed by NEMBC, refer to the Emergency Framework for Rationing/Triaging of blood during a Red Phase:  <a href="https://nacblood.ca/resources/shortages-plan/emergency-framework-final.pdf">https://nacblood.ca/resources/shortages-plan/emergency-framework-final.pdf</a> </li> </ol>
<b>Recovery Phase</b>	<p><b>Definition:</b> CBS inventory levels have begun to increase and expected to be maintained.</p> <p><b>Action:</b></p> <ol style="list-style-type: none"> <li>1. Slowly adjust inventory levels and reinstitute procedures and transfusions on the basis of urgency. Review previous documentation of requests/outcomes to help determine order of resumption.</li> <li>2. Slowly or partially replace emergency stocks to sites that had inventory redistributed.</li> </ol>

National Inventory Advisory	
<b>Date and time of issue</b>	2020-04-16 0600 (EST)
<b>Inventory Availability Phase</b>	<b>GREEN PHASE ADVISORY</b>
<b>Product(s)</b>	<b>Platelets and Plasma Protein Products</b>
<b>Description</b>	<p><b>This is a notice of continuation of the Green Phase Advisory, declared March 17, 2020, for platelets and plasma protein products.</b></p> <p>The advisory does not apply to red blood cells, frozen plasma and cryoprecipitate. The advisory affecting these components was lifted last week as a result of improved inventory levels due to both a reduced hospital demand and the recent donor response augmenting the supply.</p> <p>The impacts of COVID-19 and the uncertainties related to this pandemic continue to affect blood supply planning at Canadian Blood Services. Inventory of all blood components and products are currently at Green Phase levels. However, Canadian Blood Services forecasting predicts the potential for shortages with particular risk to the platelet and plasma protein product supply, given the ongoing pandemic situation.</p> <p><b>Due to the dynamic and evolving nature of this situation, the advisory status for all products may be escalated quickly if demand outpaces supply.</b></p>

# Blood Components & Storage

- Red Blood Cells
  - 42 days
  - Treatment of Anemia/Cell Salvage
  - Irradiate >28 days/Wash
- Platelets
  - 7 days
  - No alternative (DDAVP?, PCC?)
  - Extend expiry date to 9-11 days?
- Frozen Plasma
  - 12 months
  - 4F-PCC
- Cryoprecipitate
  - 12 months
  - Fibrinogen Concentrate



[Desmopressin](#) does not decrease bleeding after cardiac operation in young children.

Reynolds LM, Nicolson SC, Jobes DR, Steven JM, Norwood WI, McGonigle ME, Manno CS.  
J Thorac Cardiovasc Surg. 1993 Dec;106(6):954-8.

PMID: 8246577

[Similar articles](#)

[The effect of desmopressin acetate \(DDAVP\) on postoperative blood loss after cardiac operations in children.](#)

Seear MD, Wadsworth LD, Rogers PC, Sheps S, Ashmore PG.  
J Thorac Cardiovasc Surg. 1989 Aug;98(2):217-9.

PMID: 2666759

[Similar articles](#)

## ANESTHESIOLOGY

### **Fresh Frozen Plasma versus Crystalloid Priming of Cardiopulmonary Bypass Circuit in Pediatric Surgery**

A Randomized Clinical Trial

Audrey Dieu, M.D., Maria Rosal Martins, M.D.,  
Stephane Eeckhoudt, Ph.D., Amine Matta, M.D.,  
David Kahn, M.D., Céline Khalifa, M.D., Jean Rubay, M.D., Ph.D.,  
Alain Poncelet, M.D., Ph.D., Astrid Haenecour, M.D.,  
Emilien Derycke, M.D., Dominique Thiry, C.C.P.,  
André Gregoire, C.C.P., Mona Momeni, M.D., Ph.D.

ANESTHESIOLOGY 2019; XXX:00-00

# The FIBRES Randomized Clinical Trial

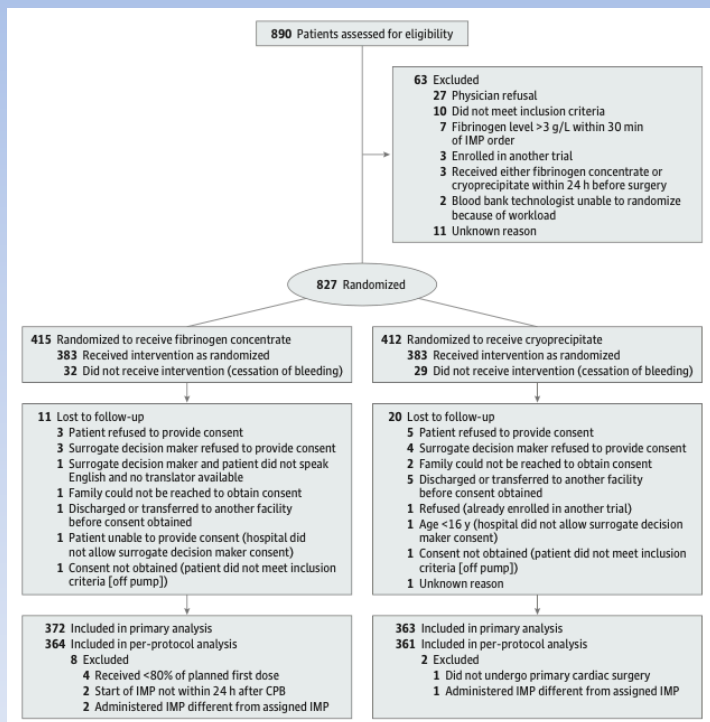
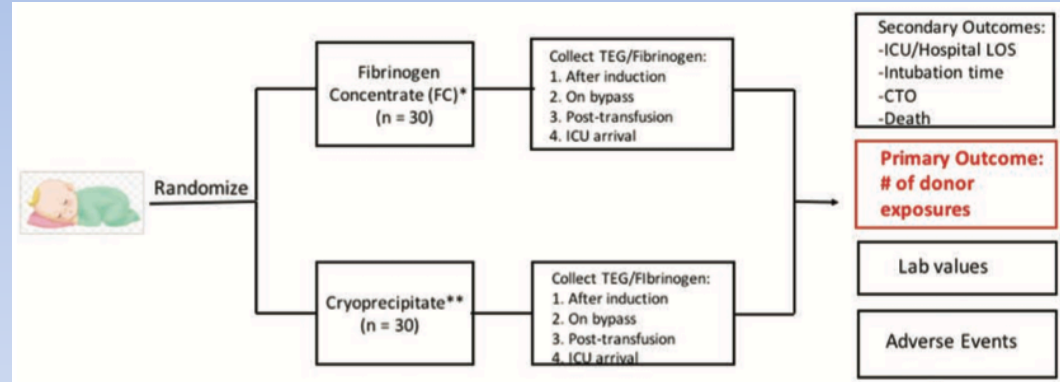
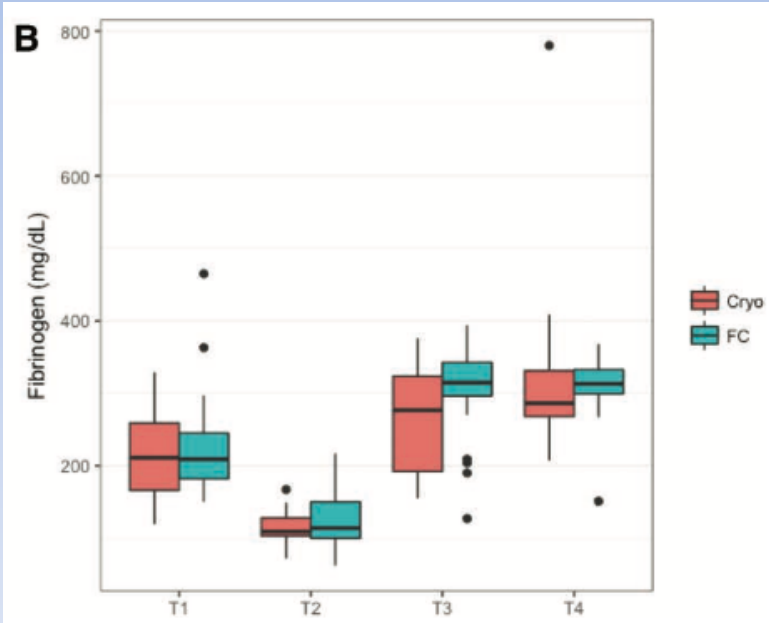


Table 3. Primary and Secondary Outcomes: Allogeneic Blood Component Transfusions

	Fibrinogen Concentrate			Cryoprecipitate			Mean Difference (95% CI)	Unadjusted Ratio of LS Means (1-Sided 97.5% CI)	Noninferiority P Value
Population	No.	Median (IQR)	LS Mean (95% CI)	No.	Median (IQR)	LS Mean (95% CI)			
Primary Outcome: Cumulative Allogeneic Blood Components Transfused Within 24 h After Cardiopulmonary Bypass <sup>a</sup>									
Primary analysis set	372	12.0 (5.5 to 22.0)	16.3 (14.9 to 17.8)	363	14.0 (7.0 to 23.0)	17.0 (15.6 to 18.6)	-0.73 (-3.10 to 1.64)	Unadjusted 0.96 (-∞ to 1.09)	<.001
								Adjusted 0.91 (-∞ to 1.03) <sup>c</sup>	<.001
Per-protocol set <sup>b</sup>	364	12.0 (6.0 to 22.0)	16.4 (15.0 to 18.0)	361	14.0 (7.0 to 22.0)	16.9 (15.5 to 18.5)	-0.50 (-2.90 to 1.89)	Unadjusted 0.97 (-∞ to 1.10)	<.001
								Adjusted 0.92 (-∞ to 1.05) <sup>c</sup>	<.001

	No. (%)	
Outcome	Fibrinogen Concentrate (n = 372)	Cryoprecipitate (n = 363)
Any adverse event	248 (66.7)	264 (72.7)
No. of events	623	673
Any serious adverse event	117 (31.5)	126 (34.7)
No. of events	224	264
Thromboembolic adverse events <sup>a</sup>	26 (7.0)	35 (9.6)

# (Adult) Cryoprecipitate vs. Fibrinogen Concentrate



Efficacy

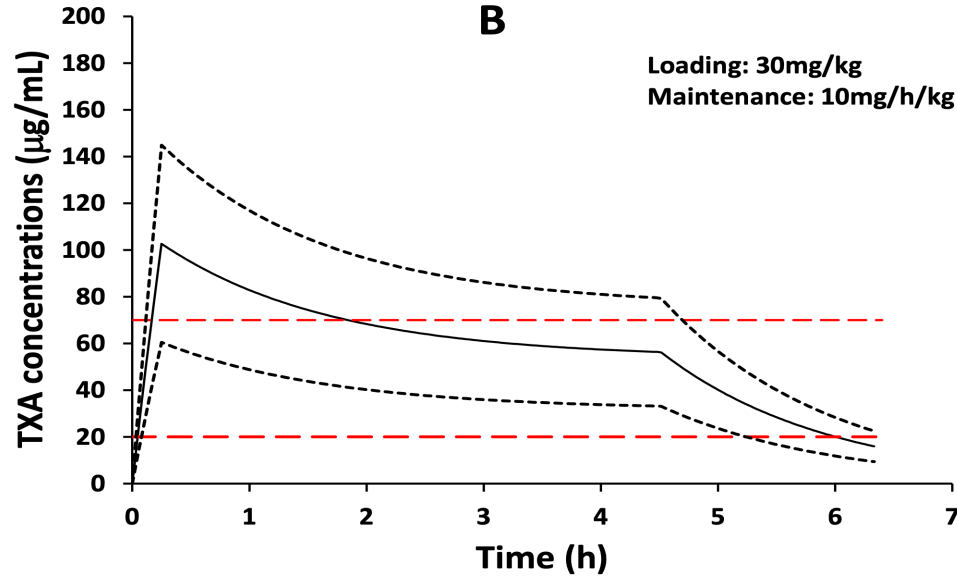
*Plasma* << **Cryo**  $\approx$  **FC**

Safety

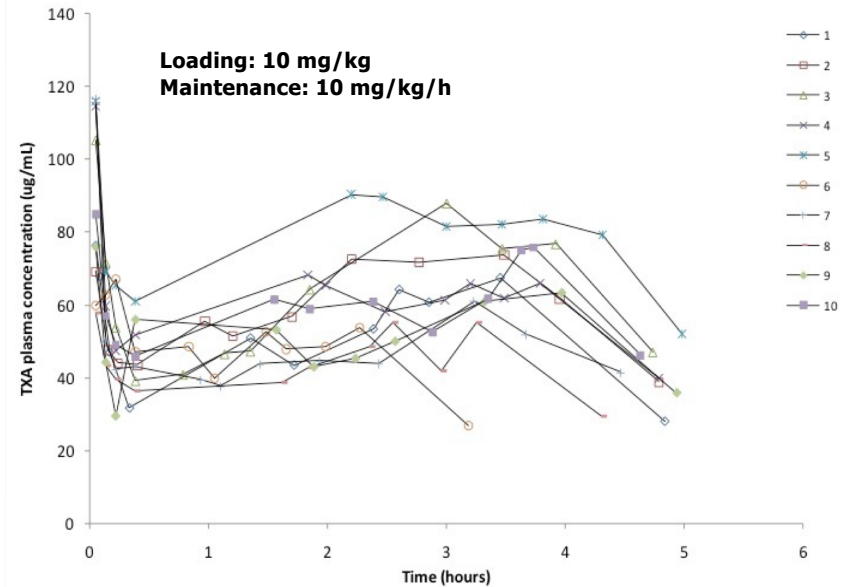
*Plasma* << **Cryo** < **FC**

# Tranexamic Acid

< 12 mo



$\geq 12$  mo





# Bleeding Management in Neonates & High-Risk Infants

## Pre-Bypass

- ❑ Preop. Coag, CBC, and AT
- ❑ Baseline ACT: ... sec
- ❑ TXA:
  - ❑ 30 mg/kg ( $\leq 1$  yr.)
  - ❑ 10 mg/kg ( $> 1$  yr.)
- ❑ Bleeding Risk Stratification:
  - ❑ High
  - ❑ Moderate
  - ❑ Low
- ❑ Heparin after sternotomy
- ❑ Heparin dose of 400 IU/kg


## Bypass

- ❑ Prime:
  - ❑ Initial dose of RBC: .... mL/kg
  - ❑ Initial dose of FFP: .... mL/kg
- ❑ TXA: 10 mg/100 mL of prime
- ❑ CPB:
  - ❑ Total dose of RBC: .... mL/kg
  - ❑ Total dose of FFP: .... mL/kg
- ❑ Coag & CBC rewarming.
- ❑ MUF time: ... min (MAX 12 min)
- ❑ Bleeding coming off:
  - ❑  $> 50$  mL/min
  - ❑  $< 30$  mL/min

## Bleeding & Transfusion

- ❑ PLT
  - ❑  $< 150 \times 10^9/L$  or
  - ❑ Bleeding  $> 50$  mL/min
  - ❑ **Order: PLT 10-15 mL/kg**
- ❑ Fibrinogen
  - ❑  $< 1.0$  g/L or
  - ❑ Bleeding  $> 50$  mL/min
  - ❑ **Order: FC 50-100 mg/kg**
- ❑ Plasma
  - ❑ Left from CPB: ... mL
  - ❑ Bleeding  $> 50$  mL/min
  - ❑ **Prepare: Plasma 10-20 mL/kg**
- ❑ Surgical field inspection
- ❑ Tisseel
- ❑ Cell-Saver Ready
- ❑ Bleeding coming off: ... mL/min

## Post-Bypass

- ❑ Protamine dose: ... mg
  - ❑ Bleeding  $> 50$  mL/min
    - ❑ Platelets transfused: ... mL
    - ❑ Pump blood max 2 syringes (CS)
    - ❑ Plasma: ... mL
    - ❑ ACT Post-protamine: Hep?
  - ❑ 30-min bleeding assessment:
    - ❑ High
    - ❑ Moderate
    - ❑ Low
  - ❑ If **high/moderate**
    - ❑ Residual heparin?
    - ❑ EXTEM A10  $< 40$  mm &
    - ❑ FIBTEM A10  $< 7$  mm
      - ❑ **FC 50-100 mg/kg**
    - ❑ EXTEM A10  $< 40$  mm &
    - ❑ FIBTEM A10  $\geq 7$  mm
      - ❑ **PLT: 10 mL/kg**
    - ❑ EXTEM CT  $> 110$  sec
      - ❑ **PCC 50 IU/kg**
  - ❑ +30-min bleeding assessment:
    - ❑ High
    - ❑ Moderate
    - ❑ Low
- 

# Guidelines

**Anesthesia & Analgesia Journal Publish Ahead of Print**

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## **The Essential Role of Patient Blood Management in a Pandemic: A Call for Action**

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# Take Home Message

- There is a risk of blood shortage
  - Daily communication with blood services
  - Monitor blood supplies
- Blood conservation protocol
- Pediatric vs. Adult
- Ramp up

[Question?](#)

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